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**EMBARK**  
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Headteacher: Miss T. Smith

July 2025

Dear Parents and Carers

### MY LIFE MY VIEW SURVEY (Y6 Summer 2025)



Our school, along with several others, has agreed to participate in a very important wellbeing survey for young people in Derbyshire. **My Life My View** is a confidential online survey which collects information about how young people are feeling and what they are doing, including: what young people are concerned about, whom they speak to when they are worried, and what behaviours young people engage in to help them feel well and able to cope

The survey questions cover a range of topics, including:

- Emotional health and well-being; bullying
- Lifestyle: diet, sleep and exercise
- Tobacco and alcohol
- Being safe online
- Growing up
- Dental Health

The survey is provided by the Schools Health Education Unit (SHEU) and is commissioned by Derbyshire County Council for young people in year 6. The survey has been running in secondary schools for five years, providing the following benefits for young people and schools:

- Young people have the opportunity to raise issues and access support services
- Young people can contribute to local understanding of emotional health and wellbeing issues, to help inform local services
- Schools will receive individual reports to gain a better understanding of issues affecting young people and of support services available
- Findings can support schools in planning PSHE programmes

The survey findings will also support Derbyshire County Council to plan services to support young people.

Enclosed is a copy of the **Privacy Notice** which explains how the data is collected and stored.

We hope you will agree this is an exercise which we wish to support our young people to engage in. We will assume that you are happy for your child to take part unless we hear otherwise.

We look forward to working with you and the students in planning improved wellbeing for students at our school.

Yours sincerely

Miss T Smith and Team Chaucer

# Privacy Notice – My Life My View survey



## 1. Who are you?

We are a research unit in South-West England. We have been asked by the school or the Council to help collect information from young people. [www.sheu.org.uk](http://www.sheu.org.uk)

## 2. What will I be asked?

You will be asked about your habits and feelings, and other important things about you.



You will not be asked for your name or address, and please don't tell us!



You will be asked for your home **postcode**. This will be used for drawing maps of the County, and no-one know will see who you are or what answers you gave from the map.



## 3. Why do you want to know this?

The reports are used to plan lessons and services for young people, and to see what has changed since the last survey.

The school will see if your lessons fit in with what you and other young people tell us. They want to be sure what they are doing is right.

## 4. How will you use my information?

We will send reports to schools and the Council, showing them how many pupils gave different answers. The reports might say things like:

- 30% of pupils in this school had cereal for breakfast, but in the whole County the figure was 40%



## 5. How will you collect this information?

We are going to ask you questions in a questionnaire, on a website or in a printed booklet.



## 6. How do you keep this information?

Your answers will be kept safe on our computers. We keep records for many years, so that we can see how young people's lives are changing.



## 7. Are you allowed to do this? ('legal basis for processing')



The Council is allowed to collect information to help it plan and monitor things it does to support young people's education, health and wellbeing – the sorts of things it has to do ('legal functions' and 'public interest').

SHEU is allowed to use information to produce its reports as long as no-one can tell what answers you gave ('legitimate interests').

## 8. Who gets to see the information?

Only staff from SHEU and from the Council who need to see the information to do their job are allowed to see your answers. They won't show your answers to anyone else. Everyone else sees only percentages. No-one in your school sees your answers.



BUT if you tell us something that makes us think you are in danger, we will have to tell your school that someone has said it, even if we can't find out who you are.

## 9. What's next?



If you agree with all this, please tick the box at the start of the survey. If not, don't take part. You can leave out any questions you don't want to answer, and you can stop at any time.

Later, if you want to see what we know about you, you can ask us, and you can tell us to delete it. But we might not be able to find your answers because we don't know your name.