

Chaucer Junior School
Cranmer Street
Ilkeston
Derbyshire
DE7 5JH
Tel: 0115 9324387



Email: info@chaucer-jun.derbyshire.sch.uk

Headteacher: Miss T. Smith

Website: www.chaucerjunior.org.uk

30th January 2024

Dear Parent/Carer,

We are just one week away from Children's Wellbeing and Mental Health week 2024 and we are buzzing with excitement!

We are looking forward to welcoming you into school on Thursday 8th February to join us to participate in SMILER and WELLBEING activities. Below is a list of what classes will be doing. So we have an idea of numbers, each class we will send out a Microsoft form for you to complete if you will be attending.

All classes will be doing different activities.

During this week, on Friday, we are giving our children and adults the opportunity to 'Dress to Express'. They could wear their favourite colour or a unique outfit to express how their feeling or reflect their hobbies, it can be as simple or elaborate as you like! Colour is always a good way of expressing ourselves! We are asking for donations of £1 to take part in the 'Dress to Express Day', and all money raised will go towards equipping a 'Wellbeing Lunchtime Club'.

We are also selling 50p raffle tickets to win a wellbeing hamper.



The week is as follows:

Monday – Introduction to the week's theme 'My Voice Matters' <https://www.place2be.org.uk/about-us/childrens-mental-health-week>

Tuesday – Year 3 lunchtime activities with Walter!

Wednesday – Year 5 workshops – 'My feelings and Voice Matters'. Year 4 lunchtime activities.

Thursday – Open Afternoon from 2.15pm for our Carers /Parents – see above for activities.

Friday – 'Dress to Express' – raising money for Chaucer's Wellbeing Ambassadors to purchase new equipment for a lunchtime club.

During the week, remember to look out for our Wellbeing Mascot Walter who will be flying in to meet you all!

Yours sincerely,

Chaucer Wellbeing Ambassadors and the Wellbeing Team

