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Headteacher: Miss T. Smith

17<sup>th</sup> January 2023

Dear Parent/Carer,

Chaucer Junior School is delighted to be participating in this year's National 'Children's Mental Health Week.' The week begins on Monday 6<sup>th</sup> February. During this special week, children, staff, and parents/carers will be taking part in wellbeing activities with the theme 'Let's connect', which is about making meaningful connections and encouraging all of us to connect with others in healthy, rewarding and meaningful ways. We will also be doing several 'Smilers' activities. We want our children, and adults, including parents, and carers to share, learn and help each other to improve our wellbeing.

Our Wellbeing Ambassadors are working extremely hard to make sure this week will be fun and engaging. As parents and carers, you are an important role model to your child, and we would love for you to be included!

Taskmaster Education and Place2Be have announced that they are partnering for Children's Mental Health Week and we will be setting their daily family treasure hunt activities via Seesaw in a bid to get children puzzle and problem solving. Use [this link](#) to watch a video explaining this.

We will be using activities from the children's charity 'Place2Be'; their website ([click here](#)) is full of information about the week and, if you are looking for practical advice for your child, they have an excellent 'Parenting Smart' website ([click here](#)) to support you.

During the afternoon of Wednesday 8<sup>th</sup> February, we will be inviting parents into school to join their child in class to do a wellbeing activity. Keep a look out on Facebook, Twitter and Seesaw for more information.

Any funds raised during this week will be used to purchase further resources to support the wellbeing of children at Chaucer Junior School. We will be sure to inform parents/carers and pupils as to how this money is spent.

If you need any more information, feel free to contact us. We're looking forward to a fantastic week!

Yours sincerely,

Miss T Smith and Mrs S Starling

