

Chaucer Junior School  
Cranmer Street  
Ilkeston  
Derbyshire  
DE7 5JH  
Tel: 0115 9324387



Email: [info@chaucer-jun.derbyshire.sch.uk](mailto:info@chaucer-jun.derbyshire.sch.uk)  
Website: [www.chaucerjunior.org.uk](http://www.chaucerjunior.org.uk)

Headteacher: Miss T. Smith

Dear Parents,

We're thrilled to share that our school has been invited to take part in an international study of an exercise-based programme called **Zing Performance** that supports learning development. Your child is in one of the classes involved.

The programme consists of carefully chosen exercises that take between five and ten minutes a day that will be done during school hours.

Starting after half term and running until the end of this academic year, the study will be supervised by a Professor from Edgehill University. Before and at the end of the study, participating pupils will complete a number of short school-based assessments to measure the impact of the programme.

The children taking part will be shown this video, which helps to explain the programme and how it works.  
<https://www.youtube.com/watch?v=2XO3-bdWpPk>

At the end of the school year, it would be useful to hear of changes you have noticed at home.

This is an exciting opportunity for our children and our school, we very much look forward to sharing the outcomes with you.

If you would prefer your child not to take part in this study, please let us know by Friday 21<sup>st</sup> October. Do not hesitate to contact the school with any queries or concerns.

Kind regards,

Miss T Smith

