



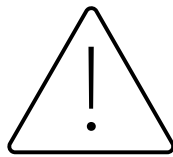
How to stay safe... at home!



Tell a trusted adult (at home or at school).



Ring Childline on 0800 1111. They provide free and confidential help for young people in the UK.



In an **emergency**, ring **999** and ask for the police!

It is an emergency if someone is in immediate danger or they are seriously injured.