

Personal Development Overview

Global Theme	Objective	Key Vocabulary
Identity and Diversity	To develop independence.	independent
	To be mutually respectful (BV)	mutual respect
	To be articulate and able to express opinions.	diplomatically, opinion, respect, perspective
	To be able to establish and maintain healthy boundaries.	healthy boundaries
	To understand and practice consent.	consent, boundaries, preferences
	To recognise protected characteristics and their importance.	protected characteristics, prejudice, discrimination
	To understand healthy and active lifestyles.	balance
	To recognise strengths and talents.	talent, resilience, pride
	To understand that similarities and differences can be celebrated.	diversity, inclusion, similarity, difference
	To understand the importance of challenging stereotypes.	stereotypes, prejudice
Peace and Conflict	To be resilient.	resilience
	To be diplomatic.	diplomatically
	To be cooperative.	cooperation
	To understand healthy relationships.	healthy relationships
	To understand how to maintain physical and mental health.	mental health, physical health, wellbeing
	To understand difference in perspective.	perspective
	To understand what constitutes bullying and the impact it can have.	imbalance, recurring, intentional
	To understand how to manage conflict and conflict resolution.	conflict, perspective
To understand and practice compromise.	compromise	

Social Justice	To be responsible.	responsibility
	To be tolerant.	tolerance
	To be kind.	kindness
	To be honest.	honesty
	To act with integrity.	integrity
	To understand democracy (BV).	democracy
	To understand that discrimination is harmful.	discrimination, prejudice, stereotypes, protected characteristics
	To understand the rule of law (BV).	rule of law
	To understand individual liberty (BV).	individual liberty
	To understand that fairness does not always mean equal treatment.	equity, equality
Saving our Environment	To be active citizens.	citizenship, community
	To be environmentally responsible.	responsibility, environment
Our Heritage	To be appreciative.	appreciation, courtesy, manners, polite
	To be proud.	pride
	To understand how to be part of a family.	inclusion, belonging, trust
	To understand how to value and preserve their heritage.	heritage
Our World and Beyond	To be aspirational (and able to achieve success).	aspiration
	To understand the importance of discussion and debate.	debate, opinion, diplomacy, perspective
	To understand how to keep themselves safe at school, at home, online and in the community.	safeguarding, trusted adult, instinct, consent
	To understand the value and contributions of other cultures to our lives.	diversity, appreciation, tolerance