



PSHE & RSE at



Chaucer Junior School

At Chaucer Junior School we encourage all children to achieve their full potential in all aspects of the curriculum. As well as placing a strong emphasis on academic subjects, we also realise the importance of delivering a broad and balanced curriculum which prepares children for life in modern Britain.

As a part of your child's educational experience at Chaucer Junior School we aim to promote personal wellbeing and development through comprehensive taught programme of Personal, Social, Health Education that gives children and young people the knowledge, understanding, attitudes and practical skills to live healthy, safe, productive and fulfilled lives, both now and in the future.

POLICIES

If you would like to find out more about how we teach PSHE and RSE feel free to speak to member of staff. Alternatively, your questions may be answered by reading our policies or further links on this page.



SCHEME of WORK

As a school we use the Derbyshire County Council scheme of work " PSHE MATTERS" and " Clued up for Growing up " The scheme has been updated and is in line with DFE requirements for teaching PSHE and RSE which came into effect in April 2021

PSHE MATTERS is a spiral curriculum. This means that children will revisit key themes several times through this spiral curriculum. We hope that by delivering our curriculum in this way will allow children to gain an in depth understanding of each aspect covered and prepare them for life outside of Chaucer.

PSHE MATTERS has three key themes.

1. Health and Wellbeing
2. Relationships
3. Living in the Wider World

PSHE MATTERS is split into 12 topics the three key themes are interweaved. These are split into our spiral curriculum.

Order and overview of topics covered

| | <u>Aut 1</u> | <u>Aut 2</u> | <u>Spring 1</u> | <u>Spring 2</u> | <u>Summer 1</u> | <u>Summer 2</u> |
|---------------|-----------------------------------|---------------------------|-------------------------|--------------------------------|--------------------------------|-----------------------|
| <u>Year 3</u> | <u>Difference & Diversity</u> | <u>Exploring Emotions</u> | <u>Bullying Matters</u> | <u>Be Healthy SMILERS</u> | <u>Relationships</u> | <u>Be Responsible</u> |
| <u>Year 4</u> | <u>Changes SMILERS</u> | <u>Being Me</u> | <u>Drugs Education</u> | <u>Being Safe</u> | <u>Money Matters not stat.</u> | <u>Growing Up SRE</u> |
| <u>Year 5</u> | <u>Difference & Diversity</u> | <u>Bullying Matters</u> | <u>Relationships</u> | <u>Explaining Emotions SRE</u> | <u>Being Health</u> | <u>Be Responsible</u> |
| <u>Year 6</u> | <u>Being Me SMILERS</u> | <u>Drugs Education</u> | <u>Changes</u> | <u>Growing Up SRE</u> | <u>Money Matters not stat</u> | <u>Being Safe</u> |

Relationship and Sex Education (RSE) at Chaucer Junior School.



As you may already be aware, the Department of Education has announced changes to relationship and sex education following nationwide consultation. These changes will come into effect from September 2020 and all schools will require to comply with the updated requirements. Due to COVID 19 schools have been able to delay this until the summer term 2021. The statutory guidance can be found at :

<https://www.gov.uk/government/publications/relationships-education-relationships-and-sex-education-rse-and-health-education>

The new guidance focuses on healthy relationships and keeping children safe in a modern, changing world. It also covers a wide range of topics relating to physical and mental health, wellbeing, safeguarding and healthy relationships.

Learning about the emotional, social and physical aspects of growing up will give children and young people information, skills and positive values to have safe, fulfilling relationships and help them take responsibility for their own well being.

Consequently, from September 2020, Relationships, along with Health Education, will be statutory, and form part of the National Curriculum For secondary schools Sex Education will also be statutory. However the DfE continue to recommend that all primary schools should have a sex education programme tailored to the age and physical and emotional maturity of the pupils. Where schools provide Sex Education, families will have the right to withdraw their child from sex education but not from statutory Relationship Education, Health Education or what is taught in the Science National Curriculum.

This means that we have been reviewing our RSE (Relationship and Sex Education) curriculum and policy so we can be sure our RSE provision is appropriate for our pupils based on their :

- Age
- Physical / emotional maturity
- Religious and cultural backgrounds
- SENDs

Whilst I am sure that there will be differences of opinions about this, we hope that consulting with you will help to inform our school's decisions on when and how certain content is covered and enable us to reach a general consensus. Consequently, as part of our curriculum review we would appreciate your views on our draft policy for RSE.

WHY IS RSE IMPORTANT?

- Our ability to make, maintain and perhaps even end healthy, positive and productive relationships is part of what makes us human and is fundamental to a caring and supportive society. Our relationships come in a wide variety of forms : colleagues, family, casual acquaintance, close friendships and eventually sexual.
- Our children learn by looking at and listening to all messages they experience. They are constantly trying to make sense of the world around them.
- In our society , children are confronted with sexual images in advertising and stories and messages about celebrity lifestyles and relationships in media. Pornography is readily available on the internet. How many families have found themselves saying " I can't believe my child asked/ knew/thought that ?
- Using their natural curiosity combined with wonderful " child logic , our young children often put together their own complex ideas about where babies come from. This understanding can be a mixture of correct, almost correct and completely incorrect ideas.
- Many children will also enter puberty whilst still at primary school and without suitable preparations from families at home. This can be confusing, embarrassing and even distressing.

WHAT IS THE PURPOSE OF RSE IN PRIMARY SCHOOLS ?

- A planned , progressive programme of RSE gradually and appropriately begins to prepare our children for adult life. It teaches the skills they need to fully manage the natural physical and emotional changes that will happen to them as they grow and mature into healthy , confident and responsible adults.
- RSE teaches skills children need to develop positive healthy relationships. It supports their moral development, helping them to understand themselves and to respect and care for others.
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WHAT WILL MY CHILD LEARN AT CHAUCER JUNIOR SCHOOL ?

At Chaucer Junior School we teach RSE through our normal classroom practice and discussions and through discrete RSE lessons. RSE is taught at an age appropriate level from year 4 to year 6.

Our curriculum prepares children for secondary school where learning will continue and broaden. At Chaucer Junior School , we will ensure we provide a PSHE and RSE curriculum that prepares children for life beyond Chaucer.

USEFUL LINKS



[CEOP](#)

Are you worried about online abuse or the way someone has been communicating with you online? [Make a report to one of CEOP's Child Protection Advisors.](#)



[Think you know](#)

Thinkuknow is the education programme from CEOP, a UK organisation which protects children both online and offline.

[o2-nspcc-net-aware](#)

O₂ 😊 NSPCC
Net Aware)))

Your guide to the social networks your kids use

[educateagainsthate.com/](#)

**educate.against.
hate**

his website gives teachers, parents and school leaders practical advice and information on protecting children from extremism and radicalisation.

<https://www.outspokeneducation.com/>

OUTSPOKEN
Sex Ed

Top tips for parents about talking to their children