

Aims & Objectives

- To allow young people a space to express and communicate feelings and difficulties in their lives, through a variety of media in constructive rather than aggressive ways and in a safe and non-threatening environment
- To help young people feel good about themselves, and raise self-esteem by providing activities that look at their strengths and by valuing what they do and making it special
- To provide a non-authoritarian, supportive, reliable, safe, unconditional relationship within the school and other settings,
- To provide some of the early experiences that may have been missed but which are necessary for formal education and social interaction
- To help young people acquire the complex range of life skills needed to achieve their full potential

